

Annual Tobacco Prevention Events

The Great American Smoke-Out

3rd Thursday of November

Kick Butts Day:

1st Wednesday of April

World No-Tobacco Day:

Last day of May

Teen Tobacco Prevention and Advocacy Training

- Teens Against Tobacco Use (TATU)
(314) 286-8100 or 1-800-LUNG-USA
- Youth Advocacy Training
American Cancer Society
(314) 286-8100
- High School Heroes
1-800-LUNG-USA or (314) 286-8100
- National Council on Alcoholism and
Drug Abuse (NCADA)
(314) 962-3456

Helpful Phone Numbers and Websites:

The American Cancer Society:
(314) 286-8100
Website: <http://www.cancer.org/>

The American Heart Association
(314) 367-3383
Website: <http://www.amhrt.org/>

The American Lung Association
of Eastern Missouri
(314) 645-5505
Website: <http://www.lungusa.org/>

National CDC - TIPS
Tobacco Information and
Prevention Source
Website: <http://www.cdc.gov/tobacco/>

BreatheEasyMISSOURI
A State-wide anti-tobacco collaboration.
Website: <http://www.breatheeasy.org/>

Tobacco-Free Missouri
(314) 977-8104
Email: lindseyp@slu.edu

Saint Louis County DOH
(314) 615-8941 (Tobacco Education)
Website: <http://www.stlouisco.com/doh/>



Working to make our youth
tobacco-free

Tobacco Prevention and Education



Kick the Butts!

111 South Meramec Avenue
Clayton, Missouri 63105
(314) 615-8941

Saint Louis County Tobacco Ordinance

Ordinance #17981 regulates tobacco and authorizes the Department of Health (DOH) to issue an annual permit for the retail sale of tobacco products. It is intended to prevent those under the age of 18 from purchasing and possessing tobacco products. The ordinance:

- Prohibits the sale of cigarettes or tobacco to anyone under 18.
- Prohibits anyone under 18 from buying or possessing tobacco in any form.
- Prohibits tobacco products (possession, sale or use) inside schools or within 300 feet of school property by all students under 18.
- Regulates all schools, public, private and day cares.

The penalty for possession of tobacco products by anyone under the age of 18 ranges from \$150 to \$1,000 and may require attendance at a tobacco education program as a condition of probation.

WARNING: There is no safe tobacco product. The use of any tobacco product - including cigarettes, cigars, pipes, and spit tobacco; mentholated, "low tar," "naturally grown" or "additive free" - can cause cancer and other adverse health effects.

Enforcing the Ordinance

- Requires the Department to conduct **unannounced compliance checks** involving minors at locations where tobacco products are sold or distributed.
- What can you do? If you see a business owner/operator selling tobacco products to a minor, report it by filing an anonymous complaint with DOH at (314) 615-8900.
- We are looking for youth volunteers to help us enforce the tobacco ordinance. If you or your organization are interested, please contact Joel Patrick at (314) 615-4044.

Saint Louis County DOH offers:

- Consultations and resources on tobacco education and prevention for schools and community groups. Call (314) 615-8941 for more information.
- Educational materials for health fairs, public events and festivals.
- Information about all forms of tobacco use, including secondhand smoke.
- Referrals to resources and speakers on tobacco prevention.

Smoking Cessation Resources

- One-on-one smoking cessation counseling for patients at John C. Murphy Family Health Center. (314) 522-6410, ext 6033
- Smoking cessation classes for teens are being developed for the North and South County Health Centers. For more information, call (314) 615-8941.
- Teen-Age Health Consultant (TAHC) Program trains high school students to lead discussions with peers promoting healthy choices regarding tobacco use. For information, call (314) 615-1626.
- BJC School Outreach and Youth Development: (314) 286-0460
- Barnes-Jewish Hospital - Main Campus (314) 362-7844
- Christian Hospital Northeast (314) 653-5697
- Missouri Baptist Medical Center (314) 996-8975
- St. Joseph Hospital (Kirkwood) (314) 966-1629