

For Teens:

About confidentiality

Occasionally a health concern arises that you may want to keep private. What you say in the doctor's office is kept confidential, unless you approve.

About consent

Teens over 18 years old and teenage mothers may consent for all types of medical care.

For teens aged 12-18, a parent or legal guardian is required to come for visits for general medical concerns (physical exams, colds, asthma, etc.). A parent is not required to consent for services such as family planning, sexually transmitted diseases or prenatal care.

We Care!

The teen years are an exciting time of life as young people make the transition from childhood to adulthood.

With so many changes taking place in your life, there are bound to be questions or concerns.

If you need help, please call the teen clinic nearest you. We're here for you!

- Abusive Relationships/ Rape 531-2003
- AIDS Information and Testing 522-6410, ext 6143
- Alanon/Alateen 645-1572
- Alcoholics Anonymous 647-3677
- Child Abuse Hotline ... 1-800-392-3738
- Eating Disorders Hotline 902-4550
- National Council on Alcoholism & Drug Abuse 962-3456
- National Runaway Switchboard 1-800-621-4000
- Pregnancy Information and Clinics 842-1300, Ext 7601
- St. Louis County Health Centers:
 - Berkeley 522-6410
 - South County 842-1300
 - North Central Comm Ctr 679-7800
- St. Louis County Family Mental Health Collaborative 729-4035
- Suicide Prevention/Life Crisis Hotline 647-HELP
- Teens Talking to Teens 644-5886
- Youth Emergency Service 727-6294
- Youth In Need 946-3771

• 24-hour hotline

Teen Clinic



111 South Meramec Avenue
Clayton, MO 63105

Teen Clinics

Teen Clinics are for Saint Louis County residents age 12 through 18 years. They provide health services geared to the needs, schedules and concerns of area teenagers.

Teen clinics are held at various times during the week at three County sites:

John C. Murphy Family Health Center

6065 Helen Avenue
(Intersection of North Hanley and Airport Road, near I-170)
Berkeley, MO 63134
Phone **522-6410** for an appointment.

North Central Community Health Center

4000 Jennings Station Road
St. Louis, MO 63121
Phone **679-7800** for an appointment.

South County Health Center

4580 S. Lindbergh Boulevard
St. Louis, MO 63127
Phone **842-1300** for an appointment.

TTY for all services: 615-8428

Visit the Department of Health online:
<http://www.stlouisco.com/doh/>

Alternative formats for this flyer are available upon request.

TEENS

A variety of health services are available, including:

Medical Services

- Physical exams - school, sports
- Immunizations
- Vision and hearing tests
- Acute illnesses, colds
- Chronic illnesses, seizures, asthma
- Skin problems, acne, rashes
- Puberty problems, growth, development

Family Planning/Gynecology

- Family planning methods
- Pregnancy testing and counseling
- Treatment for sexually transmitted diseases (STDs)
- HIV testing and counseling
- Gynecological complaints, abnormal periods, cramps

Pregnancy Services (Obstetrics)

- Prenatal care

- Home visits by nurses

Nutrition Services

- Preventive counseling
- Prenatal nutrition
- Obesity and other eating problems

Teen Mental Health

- Counseling
- School/family problems

Social Services

- Family problems (including family planning or pregnancy problems)
- Early identification of problems
- Short term counseling

Health Education

- Family planning methods, choices, counseling
- Cancer-preventive exams (self-breast exam, self-testicular exam)
- Education on general health issues