



Saint Louis County Health Department

Strengthening Public Health Infrastructure and Improving
Emergency Preparedness

Quarterly MRC Newsletter

Issue 2, July 2009

Welcome New Members!

Mary Aubuchon	Harlan Dolgin
Christian Bertel	Frank Maloy
Joelle Biernacki	Anna Li
Cathy Blair	Gregory Ringenberg
Evelyn Booth	Mary Pisoni
Jonathan Carey-Voris	



MRC anniversary meeting. Members who have given 25 plus hours of volunteer service. Lynne Feldmann, Carol Eilermann, Betty Jean Parran, Sheila Leander and Diane Echeverria

Recent MRC Events

- Vaccination Class—

July 14th, 2009- Saralou held a vaccination class, which 32 people attended. This is one way of preparing for the possible vaccination clinics this fall

- Vaccination Exercise-

July 22nd, 2009. Full-scale exercise of a vaccination clinic. MRC members that attended are pictured below.



Our Mission

To provide volunteer nursing skills, mental health, and support during local emergencies, in order to promote health and prevent disease in the community.

Contact Elizabeth Gibbs for more
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Dorothy Bander– Featured MRC member

Dorothy Bander is the mother of two grown daughters and has one grandchild, 5-year-old Evan. She has worked for Saint Louis County for almost sixteen years. She now serves as the secretary for the CDCS, Emergency Preparedness Division of the County Health Department and is the clerical support for the MRC. She loves roller coasters and reading as well as home improvement projects. Dorothy donates platelets to the Red Cross on a regular basis. With regard to the MRC, she enjoys making events fun (and tasty) for all the volunteers, but at the same time, that is her greatest challenge. In her words, for the MRCs, **“I DO exist!”**

What Can MRC Volunteers Do?

Upcoming Events

- CPR and AED training course will be offered on August 29th, 2009. More information will follow.
- New member training will be held on September 15, 2009, from 8:30 a.m. — 4:00 p.m.
- There will be a general meeting for all MRC members on September 23rd, 2009. More information will follow.
- A seasonal influenza clinic will be held at Lindbergh High School on October 3rd, 2009. More information will follow.
- There will be a fall H1N1 flu vaccination clinic on November 7th, 2009, which MRC members will be asked to help staff. More information will follow.

Did You Know?

- Public Service announcements about the swine flu (H1N1) are available: To listen, visit the following link: <http://www.cdc.gov/h1n1flu/psa/>
- National MRC newsletter. To view, visit the following link: <http://www.medicalreservecorps.gov/File/NationalNewsletters/MRCNewsletterSpring09.pdf>

MRC Coordinator:

Saralou Hendrickson
Saint Louis County DOH

