

CORRECTIONS MEDICINE



OCTOBER, 2008 VOLUME 1, ISSUE 1



Public Health
Prevent. Promote. Protect.

WELCOME TO CORRECTIONS MEDICINE'S NEWSLETTER!

Our new newsletter — titled simply enough, Corrections Medicine — is a quarterly publication (both paper and online) to inform, educate, and occasionally entertain Corrections Medicine staff, County Administration and Justice Services. Other goals of the newsletter include informing interested citizens and

community partners of our work. We also hope to use this newsletter as a means of exchanging and generating ideas for program development and the publication of original projects and research. We always welcome comments and suggestions; these can be

forwarded to the editor, Fred Rottnek, MD, at: FRottnek@stlouisco.com.



THE SAINT LOUIS COUNTY DEPARTMENT OF HEALTH: CORRECTIONS MEDICINE

Brought to you with the assistance of the following contractors:

- The Institute for Family Medicine
- The Saint Louis University School of Medicine
- The Saint Louis College of Pharmacy

THE INTERPROFESSIONAL MANAGEMENT TEAM

The Interprofessional Management Team (IMT) for Corrections Medicine in Saint Louis County was formed in April of 2008.

Current members of the IMT include: Lynne Jones, Rita Hendrix, and Fred Rottnek (the three co-chairs); Brenda Wessel, Peg Dube, Deb Kinder, Barb Owens, Gwen Sadawi, Todd Parker, Philip Wenger, Rod Hoebet, and Wendy Magnoli.

While the overall goal of the IMT is better-informed and effective management and decision making, the following statements more

formally present our Vision, Mission, and Values.

The **Vision** of the Interprofessional Management Team is the creation of a pro-active, multidisciplinary, effective health care leadership program that creates and maintains the highest quality correctional health services. Through the outcome-focused provision of health services and a commitment to the core principles of public health, we envision healthier communities both within the Buzz Westfall Justice

Center and throughout Saint Louis County.

Mission

The Interprofessional Team works to meet and surpass standards of care set forth by the National Commission of Correctional Health Care to optimize patient health in our facility by:

- Creatively and responsibly coordinating and utilizing resources of the Saint Louis County Department of Health;

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- Creating an effective and productive interprofessional management team;
- Collaborating with local, state and national agencies; and
- Bridging patients to after-care programs for better health outcomes and the reduction of recidivism.

Values

The values of the Interprofessional Management Team include:

- Provision of respectful, safe and effective care to inmates regardless of the individual's age, gender, race, religious or spiritual

beliefs, sexual orientation, mental or physical disabilities, the nature of charges, personal characteristics and behaviors;

- Maintenance of honesty, respect and professionalism in all Justice Center interactions;
- Treatment of all IMT members with respect and dignity, with the encouragement of different perspective and ideas;
- Dedication to interprofessional and collaborative efforts, with open and regular communication to promote coordinated care and optimal patient

outcomes;

- Coordination in mission and vision with the Saint Louis County Department of Health and Saint Louis County Department of Justice Services;
- Responsible stewardship of limited resources to provide the highest quality service possible for the greatest number of patients;
- Dedication to ongoing staff and leadership education; and
- Commitment to optimizing our facility as a training center for future cadres of health professionals and community leaders.

THE STAFF OF CORRECTIONS MEDICINE

NURSE MANAGER:

Rita Hendrix

CQI:

Brenda Wessel

INTAKE:

Barbara Owens (lead nurse)

Cathy Blackey

Elizabeth Hinds

Ann Kearney

Gerard Kearney

Martha Rabbitt

Jara Simon

Debra Tebbe

CLINIC DESK:

Gwen Sadawi (lead nurse)

Trina Bland

Robert Bushman

Nikita Coleman

CLINIC DESK: (continued)

Mary Guccione

Connie Heitman

Michelle Nunley

Stephanie Philips

Janie Stephens

Iris Tyson

CLINIC MED ROOM:

Debra Kinder (lead nurse)

Lauren Cooper

Antoinette Cummings

Misty Donze

Deidre Ellis

Monica Fields

Courtney Harrison

Mable Lakes

Valerie Pfeiffer

Gary Pressley

Kate Rudisill

Hector Sanchez

CLINIC MED ROOM:

(continued)

Pamela Shaw

Zenobia Thompson

Heather Wagner

INFIRMARY:

Margaret Dube (lead nurse)

Rose Marie Brison

Willa Clerk

Chris Cook

Marlina Gibson

Rogertha Howard

Martha Lawrence

Sara Potterton

Florine Scott

Deb Wagner

SKILLS FAIR 2008: A GREAT SUCCESS!

Corrections Medicine Skills Day was held on Thursday, August 7th in the waiting area of the clinic. Loosely based on a country fair theme, each “booth” was either a skills/knowledge check or a demonstration exhibit.

The objectives of our fair were to review areas of low volume/high risk;



high volume/ low risk; skills for quality patient care, and skills for all levels of care. The areas within these guidelines chosen for review were emergency preparedness, safety/security, body mechanics, EMR/MAR information, our 2008 OSHA review, and a computer based scavenger hunt.

We also had demonstrations of various pieces of equipment used by the

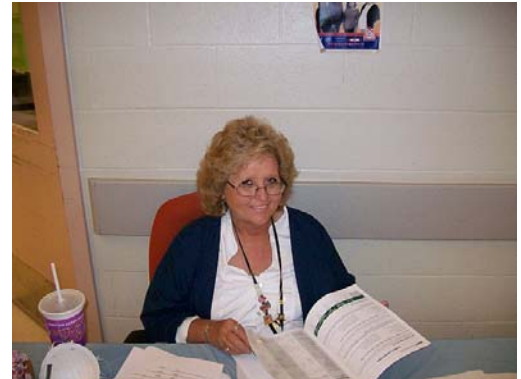
Corrections Medicine staff, which included the Zoll monitor/defibrillator, crash cart/emergency response equipment, and our various IV pumps.

A favorite booth of all attending was, of course, the food booth. A generous supply of “fair food” was provided and enjoyed by all—especially the pretzels from Gus’s Pretzels!

Overall evaluations of the program were very positive and encouraging. A few suggestions for future programs were also offered. Many positive verbal comments were also received and some staff visited booths more than once because they were “fun”.

Thanks to all who attended and participated in the Skills Fair. A very special thanks to those who gave up their scheduled day to assist with this program. Without your support and assistance this event would not have possible, let alone successful.

For those persons not in attendance, a comparable “make-up” will be



arranged by the management team for them to complete in order to achieve 100% compliance.

Contributed by:
Brenda Wessel, RN



IN MEMORIAM: WWDD?

There was much that many of us didn’t know about Donna until she passed away unexpectedly on September 16th, 2008. A graduate of Maryville College with an Associate Degree in Nursing, she worked at Saint Louis University Hospital for many years and then took time off from nursing when she and her husband adopted two children. During this time, she worked with her husband at their floral shop and became a master gardener.

Now, what we all did know about Donna was what she *would* do; hence, WWDD became an unofficial slogan of the medication room. Donna believed in practicing to the best of her ability, providing consistent, attentive and appropriate care, and expressing her opinion—all while maintaining a strong moral compass and a strong sense of self. And she believed in making lists, teasing co-workers, and helping others see the lighter side of working in a challenging environment.

We will miss her, but we won’t forget her example. We can still ask ourselves, WWDD?



Corrections Medicine

A NEWSLETTER FROM THE SAINT LOUIS
COUNTY DEPARTMENT OF HEALTH

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WE'RE ON THE COUNTY
INTRANET AT

[HTTP://COUNTYNET/
DEPARTMENTS/HEALTH/
HEALTHSERVICES/
CORRECTIONS/DEFAULT.ASPX](http://COUNTYNET/DEPARTMENTS/HEALTH/HEALTHSERVICES/CORRECTIONS/DEFAULT.ASPX)

Saint Louis COUNTY HEALTH

Corrections Medicine is a publication of Corrections Medicine, a division of the Saint Louis County Department of Health which serves the health care needs of people at the Saint Louis County Justice Center, Juvenile Detention at Family Courts and Lakeside Center.

This publication is a product of the Corrections Medicine Interprofessional Management Team, whose mission statement follows:

The Interprofessional Team works to meet and surpass standards of care set forth by the National Commission of Correctional Health Care to optimize patient health in our facility by:

- Creatively and responsibly coordinating and utilizing resources of the Saint Louis County Department of Health,
- Creating an effective and productive interprofessional management team,
- Collaborating with local, state and national agencies
- And bridging patients to aftercare programs for better health outcomes and reduction of recidivism.

Inquiries regarding this publication should be directed to the editor, Fred Rottnek, MD (FRottnek@stlouisco.com), Rita Hendrix, RN, Nurse Manager of Corrections (RHendrix@stlouisco.com) or Lynne Jones, Health Services Administrator

CIVIL SERVICE RULES

The Saint Louis County Department of Health operates under Civil Service Rules.

The Civil Service Rules can be found on the County intranet at:

[http://intranet/personnel/er/
csrules.html](http://intranet/personnel/er/csrules.html)

The Civil Service rules can also be found on the Internet at:

[http://www.stlouisco.com/
personnel/csrules.html](http://www.stlouisco.com/personnel/csrules.html)

As employees who work in an organization with civil service rules, it benefits all DOH employees to be familiar with the rules and

how to readily access them.

In each newsletter, we will publish questions submitted to the editor about where to find answers for frequently asked questions about Civil Service.

If you have a question about the Civil Service Rules, please email them to the editor at:
FRottnek@stlouisco.com.

Since Dr. Rottnek is not a civil service employee, he may need to utilize other resources in the County, (e.g., Lynne Jones and/or Julie Breneman) to find accurate answers for your questions.



When Todd goes to his "Happy Place"; this is it.